Chore chart · 3 to 5 years

Tick every chore you finish. 1 star per chore. 5 stars a day = a reward.

Tribe Family
mytribefamily.com

My chore	M	T	W	T	F	S	S
Tidy up my toys	☆	☆	☆	☆	☆	☆	☆
Put my shoes on	☆	☆	☆	☆	☆	☆	☆
Get dressed on my own	☆	☆	☆	☆	☆	☆	☆
Wash my hands	☆	☆	☆	☆	☆	☆	☆
Take my plate to the kitchen	☆	☆	☆	☆	☆	☆	☆
Help set the table	☆	☆	☆	☆	☆	☆	☆

Tip for parents

One new chore per week. Celebrate every success, never punish a forgotten one.

Chore chart · 6 to 9 years

Tick every chore you finish. 1 star per chore. 5 stars a day = a reward.

Tribe Family
mytribefamily.com

My chore	M	T	W	T	F	S	S
Make my bed	☆	☆	☆	☆	☆	☆	☆
Scrape my plate into the sink	☆	☆	☆	☆	☆	☆	☆
Pack my school bag	☆	☆	☆	☆	☆	☆	☆
Put dirty clothes in the basket	☆	☆	☆	☆	☆	☆	☆
Shower on my own	☆	☆	☆	☆	☆	☆	☆
Feed the pet	☆	☆	☆	☆	☆	☆	☆
Do my homework	☆	☆	☆	☆	☆	☆	☆

Tip for parents

The child ticks the boxes. The parent's job is to encourage, not to supervise every move.

Chore chart · 10 to 13 years

Tick every chore you finish. 1 star per chore. 5 stars a day = a reward.

Tribe Family
mytribefamily.com

My chore	M	T	W	T	F	S	S
Make my own breakfast	☆	☆	☆	☆	☆	☆	☆
Tidy my bedroom completely	☆	☆	☆	☆	☆	☆	☆
Start the dishwasher	☆	☆	☆	☆	☆	☆	☆
Take the bin out	☆	☆	☆	☆	☆	☆	☆
Do my laundry once a week	☆	☆	☆	☆	☆	☆	☆
Pack my sports kit the night before	☆	☆	☆	☆	☆	☆	☆
Get myself up in the morning	☆	☆	☆	☆	☆	☆	☆
Help cook a meal	☆	☆	☆	☆	☆	☆	☆

Tip for parents

At this age, reward real independence rather than perfection. Agree the rules together.

Chore chart · 14 to 17 years

Tick every chore you finish. 1 star per chore. 5 stars a day = a reward.

Tribe Family
mytribefamily.com

My chore	M	T	W	T	F	S	S
Do my laundry from wash to fold	☆	☆	☆	☆	☆	☆	☆
Cook a family meal once a week	☆	☆	☆	☆	☆	☆	☆
Do a food shop with a list	☆	☆	☆	☆	☆	☆	☆
Book and keep my own appointments	☆	☆	☆	☆	☆	☆	☆
Clean the bathroom	☆	☆	☆	☆	☆	☆	☆
Look after a younger sibling for a bit	☆	☆	☆	☆	☆	☆	☆
Budget my pocket money	☆	☆	☆	☆	☆	☆	☆
Sort and take out the recycling	☆	☆	☆	☆	☆	☆	☆

Tip for parents

Hand over a whole job, not just a helping hand. Let them choose how to organise it.